# Baylor expert suggests ways to develop generosity in 2015

December 29, 2014

WACO—Many Americans already have plenty of possessions, and the giftgiving season sometimes adds to that collection of things they really don't need. Instead of always receiving, how can individuals and families resolve to be more generous in the New Year?

Andy HogueAndy Hogue, a lecturer in political science and director of the civic education and community service program at <u>Baylor University</u>, teaches the university's Philanthropy Lab course, "Philanthropy and the Public Good."

"One of the things we've talked about a lot in the course with 21- and 22-year-olds, who have very limited incomes themselves, is: 'What does generosity mean? What does it mean to be a generous person?'" Hogue said.

"Whatever our station, however much money or resources we have, we all have something to share and something to give. I like the idea of thinking in terms of a New Year's resolution, sort of resolving to be more generous and helping people to think in those ways."

Hogue offers four insights that can help develop a spirit of generosity in the New Year.

# • Generosity starts with gratitude.

"That is the very first step, just being grateful for what we have, but also realizing that to those given much, much is expected, and to begin thinking about not possessing things but stewarding things," Hogue said.

"Think of the many things we have that might benefit others, whether that is our time, our talents or our finances. There are so many things that we have at our disposal to be able to enrich communities and to help other people. Being able to think in those ways leads us down the path toward generosity and toward sharing."

## Generosity is more than just a transaction.

"Think of philanthropy, generosity and giving as more than writing a check. Think of it as something that can be transformative and realize that there is no such thing as an unhappy generous person. It's difficult to be unhappy when we are giving of ourselves."

## Generosity is a muscle that needs exercise.

"If we can't give of ourselves when we have limited means, what makes us expect that we would do it when we have more means?" Hogue said. "We all, in some way, are privileged and blessed and have resources that can be put to use for the benefit of someone else."

# • Generosity can be creative.

Consider inspired ways to give birthday or Christmas gifts in honor of a family member or friend that bring about a beautiful thing Hogue likes to call the "philanthropy of collaboration."

"Imagine the many things that come together in this one simple act: You, the giver, are enriched by the series of events you set into motion while the person you honor with the gift appreciates your generosity and imagination. The beneficiary of the gift then takes your offering to enrich the lives of others," Hogue said.

It is, however, important to take cues from the person you honor and give a gift in support of the causes they hold dear.

"You can go the traditional route—make a donation and give the person a piece of paper (acknowledging the gift)—or there are amazing web-based resources that can help people make very impactful gifts, even with limited amounts," Hogue said.

"You give \$5 and with the magic of the Internet, the gift can go towards fighting disease in Africa, providing books for teacher's classroom or buying someone in a poor country a goat or a cow or a pig that can be a source of generating income."

Hogue taught 30 students in Baylor's inaugural Philanthropy Lab course this past fall. Students studied the history and philosophy of giving back while also directing \$100,000 in real money to deserving local nonprofit organizations.

The primary goal of the Philanthropy Lab, a project of the Fort Worth-based Once Upon a Time Foundation, is to ignite students' interest and participation in philanthropy, encouraging thoughtful giving by providing funds to university philanthropy courses and enabling students to evaluate nonprofit organizations and award grants.