

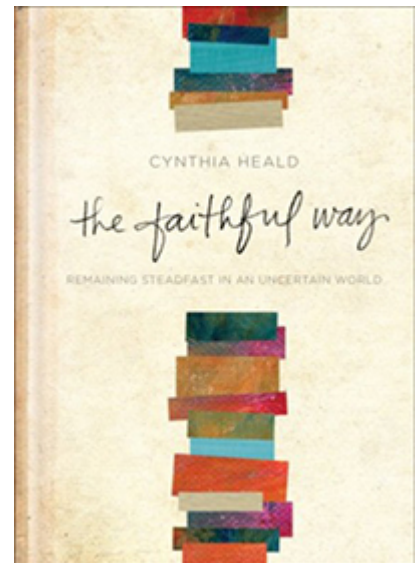
# Review: The Faithful Way

January 27, 2020

## *The Faithful Way: Remaining Steadfast in an Uncertain World*

**By Cynthia Heald (NavPress, 2019)**

Cynthia Heald, Texas-born and Texas-educated speaker and women's retreat leader, adds *The Faithful Way: Remaining Steadfast in an Uncertain World* to her list of nearly 100 publications that include the *Becoming a Woman* series. In 1978, she and Jack, her veterinarian husband of almost 60 years, moved to Tucson where they continue to serve full-time with The Navigators ministry.



The mother of four and grandmother of 12 explains in the book's introduction, "Perhaps it is fitting that as I enter my eightieth year, I am writing a devotional study called *The Faithful Way*." And she's right, as she draws from a lifetime of wisdom and experience that gleans from the lives of both those who have stayed faithful and those who have strayed unfaithfully.

The devotional book contains 31 short chapters, perfect for a month of quiet times. A title, Scripture and quote offer a prelude to each day's study. A personalized story, observation, anecdote or reflection begins the entry that is followed by three sections: Exploring the Word, Learning to Live

Faithfully, and Remaining Faithful. Remaining Faithful includes two questions or statements for reflection, a prayer to pray, and a quotation or verse that becomes a postlude.

At first glance, one might consider *The Faithful Way* as a book for those in their legacy years or a volume designed just for women. However, Cynthia Heald wisely writes to all who desire to be faithful for their whole lives regardless of age or gender as she beautifully weaves Scriptures, Bible materials, illustrations, guided reflections, prayers and stories into an inspirational tapestry of faithfulness.

*Kathy Robinson Hillman, former president*

*Baptist General Convention of Texas*

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