

Review: I've Got Questions

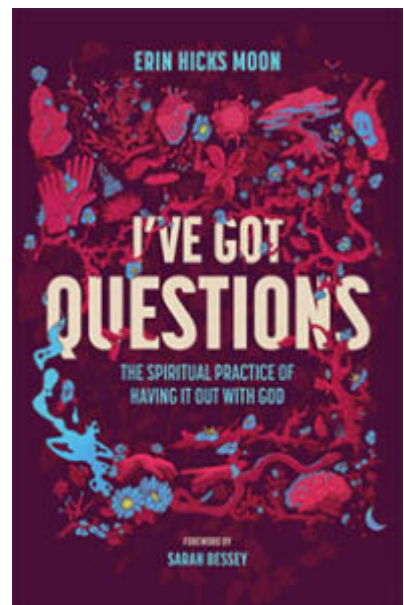
March 17, 2025

I've Got Questions: The Spiritual Practice of Having It Out with God

By Erin Hicks Moon (Baker Publishing)

Storyteller and host of the popular *Faith Adjacent* podcast Erin Hicks Moon reveals her inner wrestling with faith and why deconstruction is a necessary component of the faith journey in *I've Got Questions*.

Moon breaks the deconstruction process into five segments, beginning with the origins of our faith and how worldly influences affect faith perception and concluding with the rebuilding process.



Written in a fun, conversational style, *I've Got Questions* offers readers a personal and general approach to questions about the faith. Growing up in a traditional, Southern Baptist home, Moon did not feel the need to question her faith until she was exposed to other religions and hypocrisy within her own denomination.

Moon learned to “sit Shiva,” the Jewish process of mourning a death. Learning to practice Shiva by lamenting the roots of her faith allowed her to examine where she had questions.

The writer describes experiences of feeling like an outcast in the church for questioning her faith, resulting in isolation.

A turning point came during a church service where she was told about a class helping reclaim communities for God while battling against worldliness. She began questioning the disparity between serving in love and fighting against the world. She wondered how she truly could love those she felt at war with.

Moon addresses this idea and questions Christians may have during their faith journey. She includes quotes, historical references, personal stories and testimonies to walk the reader through her deconstruction process and how it helped strengthen her faith in God.

In the chapter “What If the Wrestling Is the Point,” Moon addresses how Christians have disrupted the status quo throughout history by asking questions. She cites examples such as the Reformation to contextualize how questions in the life of faith have resulted in spiritual growth and new insights.

Moon offers a friendly hand, compelling readers to explore their faith, while acknowledging the roots that make faith unwavering.

This book is for anyone who needs to know it’s OK to ask questions, offering a safe space to lament a changing faith and make peace with the process. Moon encourages readers to think of active faith as one that recalibrates. Our spiritual inheritance involves wrestling with a God unafraid of our questions.

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