

# **BaptistWay Bible Series for November 12: Christians are called to lives of integrity**

November 2, 2006

Posted: 11/02/06

## **BaptistWay Bible Series for November 12**

### **Christians are called to lives of integrity**

- Proverbs 11:1-11, 17-21, 23-25, 28

**By David Wilkinson**

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### **Bible Studies for Life Series for November 12: Place your trust in God, not things of the world**

November 2, 2006

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## **Bible Studies for Life Series for November 12**

# Place your trust in God, not things of the world

- Isaiah 8:18-9:7

**By Kenneth Lyle**

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## Explore the Bible Series for November 12: Exhibitions of faith encourage others

November 2, 2006

Posted: 11/02/06

**Explore the Bible Series for November 12**

### Exhibitions of faith encourage others

- Hebrews 11:1-3, 6-8, 13-19, 24-26

**By Howard Anderson**

*Diversified Spiritual Associates, San Antonio*

Hebrews 11 calls the roll of the Old Testament heroes and heroines of faith. Without faith there is no understanding. Faith is the “the assurance of

things hoped for, and the conviction of things not seen.”

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# **Volunteers give makeover ministry facility a facelift**

November 2, 2006

Posted: 10/27/06

Touchpoint  
volunteers  
painted the  
facilities,  
repaired  
shingles  
and  
removed  
overgrown  
landscaping  
from  
Christian  
Women's  
Job Corps  
of Ellis  
County

# Volunteers give makeover ministry facility a facelift

**By John Hall**

*Texas Baptist Communications*

WAXAHACHIE—A ministry that gives people's lives a makeover received a remodel of its own recently.

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## iraq\_water\_62303

November 2, 2006

Posted: 6/20/03



Baptist  
volunteers  
help unload  
supplies  
used in  
water  
purification  
units for  
Iraqi  
hospitals. At  
right, Dick  
Talley of  
Dallas,  
logistics  
coordinator  
for Texas  
Baptist Men,  
talks with  
military  
personnel  
about the  
ongoing  
operation  
and  
maintenance  
of water  
purification  
units Baptist  
volunteers  
installed for  
five hospitals  
in Iraq.

# Texan recounts journey to provide water for Iraq

By **Ken Camp**

*Texas Baptist Communications*

Baptist volunteers entered war-torn Iraq in a U.S. military helicopter that sustained enemy fire, and they returned to Kuwait in a C-130 cargo plane bearing the remains of four Marines who were killed in action.

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## **Fit or fat? Covered-dish dinners take toll on Baptistsâ health**

November 2, 2006

Posted: 10/27/06



Baylor  
University  
students enjoy  
a game of  
intramural  
flag football.  
(Photo by  
Chris  
Hansen/Baylor  
University)

## Fit or fat? Covered-dish dinners take toll on Baptists' health

**By Hannah Elliott**

*Associated Baptist Press*

WEST LAFAYETTE, Ind. (ABP)—Of all believers, Baptists are the most likely to be obese, a [new study from Purdue University](#) has revealed.

But then, obese people tend to live in states heavily populated by religious people—particularly Baptists.

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## Baylor among most physically

# fit schools

November 2, 2006

Posted: 10/27/06

## Baylor among most physically fit schools

**By Hannah Elliott**

*Associated Baptist Press*

WACO (ABP)—On the heels of a [Purdue University study](#) that listed Baptists as the most obese religious group in America, Baptist-affiliated Baylor University has been recognized as one of America's fittest schools.

The study, published in the [October issue of Men's Fitness magazine](#), labeled the Waco school the nation's ninth-most-fit university.

Baylor  
University  
students test  
their  
climbing  
skills and  
physical  
endurance  
on a  
climbing  
wall.

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# **New Jersey court leaves gay marriage terminology to legislature**

November 2, 2006

Posted: 10/30/06

## **New Jersey court leaves gay marriage terminology to legislature**

**By Robert Marus**

*Associated Baptist Press*

TRENTON, N.J. (ABP)—The New Jersey Supreme Court ruled the state's constitution requires that marriage rights be available to same-sex couples on an equal basis with heterosexuals. But the court left state legislators to decide whether to refer to the unions by the name "marriage" or a different term.

The decision leaves New Jersey in a situation akin to Vermont's, where legislators in 2000 passed the nation's first law legalizing "civil unions" for same-sex couples. Vermont's civil unions, which followed a similar court decision, offer the same rights and benefits as marriage without using the name.

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# Study finds 'surprising' level of paranormal belief

November 2, 2006

Posted: 10/30/06

## Study finds 'surprising' level of paranormal belief

**By Hannah Elliott**

*Associated Baptist Press*

DALLAS (ABP)—With Halloween fast approaching, adults across the nation are loading up on candy and decorations, planning to hunker down for a night of trick-or-treaters, parties and hi-jinx. But how many of them actually believe in the ghosts and aliens they so often display on their houses?

More than some might think.

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## Wellness: Weight training for a balanced workout

November 2, 2006

Posted: 10/30/06

# Wellness: Weight training for a balanced workout

By **Tamara Quintana**

Do barbells and weight machines make you think of Mr. Universe? Don't let these visions scare you from the great benefits of weight training, or strength training.

While aerobic exercise is important to reduce the risk of cardiovascular disease, develop endurance and burn calories, your physical fitness routine just isn't complete if you don't balance aerobics with a good weight training program.

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**Benefits**

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# Wellness: Stretch it out!

November 2, 2006

Posted: 10/30/06

## Wellness: Stretch it out!

**By Tamara Quintana**

You've listened to your doctor, you've read all the articles, and now you've made the commitment to make exercise a regular part of your life. Great! Your well-rounded exercise plan includes both aerobic exercise to improve your cardiovascular endurance and weight training to build strength. But are you missing something?

If stretching isn't a part of your routine, you're missing out on an important element. Stretching, also known as flexibility training, provides benefits such as:

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Increasing your flexibility.