

# Storylist for 12/18/06 issue

December 22, 2006

## Storylist for week of 12/18/06

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- [Holiday Health: Don't ditch diet during holidays](#)
- [Holiday Health: Ways to care for your heart](#)
- [Baptists urge Wal-Mart to practice Golden Rule](#)



- [The Baptist Standard family wishes our readers a Merry Christmas! Click to see our card](#)
- [BGCT African-American ministries director named](#)
- [Baylor's oldest new graduate receives long-awaited degree](#)



- [Chrismukkah? Hybrid holiday shows tension in religiously blended families](#)
- [Court to decide if taxpayers can sue over faith-based plan](#)
- [Ex-gay says: Treat homosexuality as temptation, not orientation](#)
- [DBU students raise funds to help hungry](#)
- [Group asks SBC to consider tongues policy](#)
- [Evangelicals told blogs best way to shape public opinion](#)



- [MORE BLESSED TO GIVE: Compassionate conservatives? Research says, 'Yes'](#)



- [Green named interim president at BUA](#)
- [Dallas homeless choir hits all the right notes](#)
- [Violence deters Nuevo Laredo missions](#)
- [Child learns early lesson about selfless giving](#)
- [Growing church family finds room for expansion](#)
- [Love of reading modeled for children, single moms](#)

- [Shrink stress and save sanity by getting organized](#)
- [Tots compel students to give](#)
- [Dozen UMHB students share Christmas joy worldwide](#)
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- [Protestants decide there's something about Mary](#)
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- [Evangelicals apply the 'good news' in diverse ways](#)
- [Report highlights legal wrangling over Bush's faith-based initiatives](#)
- ['Low food security' masks hunger in U.S.](#)



• [Books reviewed in this issue:](#) *The Christmas Angel* by Katherine Duhon, *Once Upon a Christmas* by Lauraine Snelling and Lenora Worth and *The Christmas Angel* by Thomas Kinkade and Katherine Spencer.



- [Classified Ads](#)
- [Cartoon](#)
- [On the Move](#)
- [Around the State](#)
- [Texas Baptist Forum](#)



- [EDITORIAL: A peace-full gift for a war-weary world](#)
- [DOWN HOME: Wanted: Yard-art Christmas Chicken](#)
- [TOGETHER: Passion grows for being 'on mission'](#)
- [2nd Opinion: Getting lost in Christmas](#)
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- [BaptistWay Bible Series for December 17: In the light of the noonday, darkness abounds](#)
- [Bible Studies for Life Series for December 17: The intermingling of faith, hope & love](#)
- [Explore the Bible Series for December 17: God works through spiritual leaders](#)
- [Bible Studies for Life Series for December 24: Jesus, God's greatest gift to his people](#)
- [Explore the Bible Series for December 24: Honor the Savior's birth with worship](#)

### **Previously Posted**

- [Warren confesses he was 'blind' to AIDS epidemic](#)
- [Morality alone cannot stop AIDS](#)
- [Book cancellation shows Baylor troubles not over](#)
- [BGCT responds to clergy sex abuse; victims want more](#)
- [Love given, received at Cornerstone outreach](#)
- [Baylor prof says Schaeffer remained a fundamentalist](#)
- [Pieces coming together for McAllen church](#)

- [Bone marrow donation provides the gift of life](#)
- [Wreaths help single mothers turn their cottages into homes](#)
- [Federal authorities receive Valley report](#)

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# Christmas Card 2006

December 22, 2006

Posted: 12/21/06

**Wishing You the  
Blessings of  
Christmas!**

The Baptist  
Standard family  
gathers to send a  
holiday greeting to  
our readers.

Left to right are  
Stefany Bales,  
receptionist;  
George Henson,  
writer/ classified  
ads; Editor Marv  
Knox; Leroy  
Fenton,  
development;  
James Wright,  
mailer; Charlie  
Nichols, mail  
manager; Doug  
Hylton, advertising/  
newsletters; John  
Rutledge,  
webmaster; Beth  
Campbell, editor's  
assistant; Gary  
Phillips, business  
manager; David  
Clanton,  
marketing; Ken  
Camp, managing  
editor; and Linda  
Majors, circulation/  
records.

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# **BaptistWay Bible Series for December 31: Jesus is our sustainer and hope**

December 22, 2006

Posted: 12/22/06

**BaptistWay Bible Series for December 31**

## **Jesus is our sustainer and hope**

• John 6:1-15, 25-35, 48-51, 66-69

**By David Wilkinson**

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# **Bible Studies for Life Series for December 31: Good newsâ€”the gospel is for everyone**

December 22, 2006

Posted: 12/22/06



**Bible Studies for Life Series for December 31**

## **Good news—the gospel is for everyone**

- Luke 2:25-38

**By Kenneth Lyle**

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## **Explore the Bible Series for December 31: Working together to accomplish God’s will**

December 22, 2006

Posted: 12/22/06

**Explore the Bible Series for December 31**

## **Working together to accomplish God’s will**

- Nehemiah 1.1-11; 2:1-20; 3.1-32

**By Howard Anderson**

*Diversified Spiritual Associates, San Antonio*

The returning Jews showed spiritual lethargy and a coldhearted indifference toward God. Nehemiah returned to Jerusalem and successfully led a 52-day rebuilding of the wall. Under the leadership of Nehemiah, the people were motivated to work cooperatively.

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## **Holiday Health: Don't ditch diet during holidays**

December 22, 2006

Posted: 12/22/06

### **Holiday Health: Don't ditch diet during holidays**

The holidays are right around the corner, and that means parties, family get-togethers and plenty of favorite comfort foods. What would a holiday be without turkey, dressing, pie, cranberries and more?

Is it possible to navigate the holidays without ruining our diet? Yes, said Dee Rollins, clinical dietitian and nutrition educator for Baylor Regional Medical Center at Grapevine. The key is to be conscious of what we eat.

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during  
holidays

•  
[Holiday  
Health:  
Ways to  
care for  
your  
heart](#)

Rollins offers these eight tips for healthy holiday eating:

1. Never go to a party hungry. Many people skip meals before a party. That sets them up for failure. Instead, eat regular meals that day and have a small snack before you leave home. Try cheese and crackers, a piece of

fruit or peanut butter on toast.

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# **Holiday Health: How to survive flu season**

December 22, 2006

Posted: 12/22/06

## **Holiday Health: How to survive flu season**

It's flu shot season and this year the Centers for Disease Control and Prevention added a new recommendation for flu shots for children ages 6 months to 5 years.

“What we've found out is that up to one in 1,000 children can be hospitalized for complications from the flu—that's higher than we thought initially,” said Steven Davis, an infectious disease specialist on the medical staff at Baylor Medical Center at Irving. “One of the most important things people can do is talk to their physician about getting vaccinated.”

Not only do young children frequently come down with the flu, they often spread it to their grandparents. And grandparents who are weak or have chronic conditions like diabetes or lung problems may risk complications from the disease.

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“There’s lots of flu transmission over the holidays, with people traveling, visiting extended families and taking public transportation,” Davis said.

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# **Holiday Health: Ways to care for your heart**

December 22, 2006

Posted: 12/22/06

## **Holiday Health: Ways to care for your heart**

With Christmas approaching, many of us are already in shopping mode, gathering gifts for friends and loved ones. This season, why not give yourself a present—the gift of a healthy heart.

Here are four ways to put your heart at the top of the list:

1. Know the risk factors for heart disease. They are smoking, age, obesity, sedentary lifestyle, high cholesterol, high blood pressure and family history.

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2. Know your numbers. Blood pressure and cholesterol are the big culprits in heart disease. Do you know your numbers?

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# Holiday traditions vary among Baptists around the world

December 22, 2006

Posted: 12/22/06

## Holiday traditions vary among Baptists around the world

**By John Hall**

*Texas Baptist Communications*

Waves crash along a sandy shore, flip-flops rest on a towel, and the smell of barbecuing shrimp drifts through the air. It's beginning to look a lot like Christmas. At least, that's the way it looks in Australia—or South Africa, for that matter.

How Baptists celebrate Christmas varies from country to country and culture to culture around the world, but Christ remains the focus of the holiday festivities.





Israeli  
Baptists  
join other  
Christians  
in a  
ministry  
called  
Nazareth  
Village,  
which  
recreates a  
first-century  
town. The  
site draws  
local  
residents  
and  
tourists,  
providing  
an  
opportunity  
for many  
people to  
hear the  
gospel.

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# Cybercolumn by Berry D. Simpson: Merry Christmas

December 22, 2006

Posted: 12/22/06

## CYBER COLUMN: Merry Christmas

**By Berry D. Simpson**

Saturday morning, Dec. 16, Cyndi and I woke up about 8 a.m., a true weekend indulgence. Cyndi left to take Lady the Running Labrador around the block before leaving for her class, and I squeezed in a run. It wasn't my best run, I must admit. I spent an hour and a half in a four-minute-walk-11-minute-run rotation, all designed to rebuild my left knee. But really, it was a great run, because it was good for my heart and soul. My knee feels much better than it did a year ago, I can run better, I'm not eating pain-reliever every morning for breakfast, and I don't wake up in the middle of the night with aches and pains. I'm thinking if I can drop another 20 pounds after Jan. 2 and keep my mileage constant, I will regain my old form from, well, at least four years ago, such as it was. What I'm trying to say is this:

Berry D. Simpson
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I can smell hope in the air—hope of another marathon or two, maybe even an ultra on dirt—and hope is a mighty thing. Christmas is near, and the air smells like hope.

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# Baptists urge Wal-Mart to practice Golden Rule

December 22, 2006

Posted: 12/22/06

## Baptists urge Wal-Mart to practice Golden Rule

**By Hannah Elliott**

*Associated Baptist Press*

DALLAS (ABP)—Wal-Mart, the self-styled low-price leader, can't seem to get a break these days. While the giant retailer has recently come under attack from pro-gay groups for backpedaling on diversity initiatives, a group of Baptist pastors and leaders has spoken against Wal-Mart for exploiting workers in order to increase profits.

Robert Parham, executive director of the [Baptist Center for Ethics](#), recently lead the charge against Wal-Mart on national TV. He appeared Dec. 15 on [CNBC's On The Money](#) to discuss a letter and television ad in which Joe Phelps, pastor of [Highland Baptist Church in Louisville, Ky.](#), demanded the retailer adhere to the Golden Rule—Jesus' command to "do unto others as you would have them do unto you."

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# A Truly Awesome Christmas

December 22, 2006

Posted: 12/21/06

## A Truly Awesome Christmas

**By Travis McClinton**

Ah, the joys of the season are upon us. Christmas Trees, cookies and cake, peppermint sticks, the crisp breeze of a December wind, and the wonder in the eyes of children as the excitement of the glorious day comes closer. The feelings swell your heart, and overflow with happiness.

Being a father of two, this time of year always makes me giddy like a child myself. But the other day made me realize how wonderful this time of year truly is.

One Friday, I went to pick my children up from school and overheard my son talking to a friend of his. Living in the age of technology, they were, of course, talking about one of the new video games on the market. The words, "wow," "amazing" and "awesome" came up in the conversation. I normally let things like this go, but I decided to ask Andrew what he meant by "awesome." He told me it was something cool and incredible. I sat quietly and nodded. Then he asked why.